



INNER GODDESS RETREAT

RADIANCE WITHIN WEEKEND AGENDA

MARCH 7-9, 2025 | FORT WORTH, TEXAS



FRIDAY

- 4:00 PM – 6:00 PM | Check-In & Welcome Reception
- 6:00 PM – 7:00 PM | Opening Circle & Intention Setting
- 7:00 PM – 8:00 PM | Dinner & Social Hour
- 8:00 PM – 9:00 PM | Inner Radiance Workshop
- 9:00 PM – 9:45 PM | Evening Glow Yoga



SATURDAY

- 8:30 AM – 9:30 AM | Breakfast
- 9:30 AM – 10:30 AM | Nature Walk
- 10:30 AM – 12:00 PM | Inner Radiance Workshop
- 12:00 PM – 12:30 PM | Meditation Breath Work
- 12:30 PM – 1:30 PM | Lunch
- **1– 6 PM | Free Time / Massages / Journaling / Relaxing in Nature
- 6:30 PM – 7:30 PM | Dinner
- 7:30 PM – 9:00 PM | Inner Glow Ritual & Yoga
- 9:00 PM – 9:30 PM | Sisterhood Circle - Firelight Conversations



SUNDAY

- 8:15 AM – 9:00 AM | Goddess Awakening Yoga
- 9:00 AM – 10:00 AM | Breakfast & Closing Circle
- 10:30 AM | Depart

Information

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